



Arizona Aikido Annual Ikeda Seminar

December 12, 2020



The photo above is from our last seminar with Hiroshi Ikeda Shihan in December 2019, when we were still able to get together, i.e., before the COVID-19 pandemic. **THIS** year, we'll train with Ikeda Sensei virtually! Our Annual Ikeda Seminar will be held December 12, 2020, via Zoom! There will be two sessions, one from 10:00 a.m. to Noon (MST), and the second from 2:00 p.m. to 4:00 p.m. (MST). Cost for the seminar is \$35.00. The easiest way for you to register is via Paypal. You'll find the link on our Website – <http://www.azaikido.com> We'll need your email address to send you the Zoom link, which will be sent before the seminar.

If you need to register with a check, please make it payable to Arizona Aikido and send it, along with your email address, to: Arizona Aikido, 2416 S. Mulberry, Mesa, AZ 85202.

Ikeda Sensei has been teaching weekly classes on his approach to internal power. This seminar will also focus on internal power. This is an essential skill, whether you are a beginner or an advanced Aikidoka.

All proceeds from this seminar go to Ikeda Sensei.

We hope you'll plan to attend! We look forward to seeing you online!