# Arizona Aikido Fall Mountain Camp September 10 – 13, 2015

## **Our Thirty-first Year in Prescott!**

This is the thirty-first year we have held a "Fall Mountain Camp" in Prescott, Arizona! We've changed the format for our banquet this year. We'll have a catered dinner in the dojo on Saturday night. Afterwards, you're welcome to shop the Aiki Store or head into Prescott to enjoy the night life or do whatever you want. Come celebrate with us this year in Prescott!

## **Featured Instructor**



Hiroshi Ikeda Shihan is the founder and chief instructor of Boulder Aikikai in Boulder, Colorado. He currently holds the rank of 7th dan through Mitsugi Saotome Shihan and the Aikido World Federation.

Ikeda Sensei began his study of aikido in 1968, as a college student at Kokugakuin University in Tokyo. In 1978, he followed Saotome Sensei to Sarasota, Florida. In 1980, he moved to Boulder to establish Boulder Aikikai, an associate of Aikido Schools of Ueshiba. Ikeda Sensei developed the Bridge Seminars

to bring together instructors and students from different organizations to further the growth of Aikido.

### Housing

While we encourage you to stay at the camp with us, lodging and food provided, we realize that staying at a hotel in town may suit some people better. There are no hotels within walking distance of Emmanuel Pines Camp, so you'll need to have transportation to get back and forth to camp. (Note that the banquet this year will be at Emmanuel Pines Camp.)

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#### Cost

Full Camp 4 days (Thur. night to Sunday noon) Full Camp 3 days (Fri. night to Sunday noon)	\$315 \$290
(Housing and meals are included in full camp.	φ270
Bring bedding and toiletries.)	
Independent housing (stay in town in a hotel or motel)	
4 days (Thur. night to Sunday noon)	\$275
3 days (Fri. night to Sunday noon)	\$240
1 day with lunch (morning and afternoon sessions)	\$135
1/2 day no lunch	\$75
Thursday night class	\$50
Sunday class with lunch	\$80
1 meal	\$10
1 night stay	\$30
Banquet (included in Full Camp/Independent housing)	\$25

Early registration is appreciated!

Register online at http://www.azaikido.com. See the News item for the seminar for the registration link. Payment is accepted via PayPal, though you do not need a PayPal account to use your credit or debit card. You may send a check payable to Arizona Aikido to:

Arizona Aikido c/o Don Crawford 2416 S. Mulberry Mesa, AZ 85202-7532

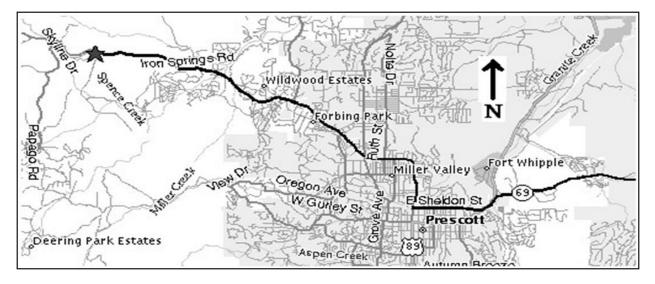
If you have questions or need special housing or transportation arrangements, please email AZAikido@cox.net.

### Schedule

### First keiko is Thursday evening at 7:30 p.m.

Morning wakeup – Liangong health qigong with Sharon Seymour Sensei 7:00 a.m. Breakfast 8:20 a.m. Morning keiko 9:45 a.m. – There are 2 morning sessions. Lunch 12:20 p.m. Afternoon keiko 2:00 p.m. – There are 3 afternoon sessions. Dinner 5:50 p.m. Aiki Store will be available in the main hall throughout the camp. Saturday evening—Banquet—Catered dinner in the dojo at 6:30 p.m. Sunday morning – Mat pick-up after morning keiko

#### Emmanuel Pines Camp 3000 Spence Springs Road Prescott, AZ 86305



DIRECTIONS TO CAMP:

https://goo.gl/maps/w35tn

From Phoenix, take I-17 north 70 miles to Cordes Junction. At Cordes Junction, take route 69 west 30 miles into Prescott. In Prescott, just beyond Jct. 89, stay in the right lane to Sheldon. Follow Sheldon to the bottom of the hill to the light at Montezuma. Turn right (north) on Montezuma - it curves left (west) into Whipple. Continue on Whipple to the intersection of Miller Valley/Willow Creek. Go straight through at the light. Whipple becomes Iron Springs Road after the intersection. Continue on Iron Springs Road 3 miles to the Emmanuel Pines turnoff. The turnoff is on the left. Proceed 1 mile to camp. Please drive slowly. There are residences and speed bumps along the road into camp. The pavement ends in about a half-mile.

Registration is in the dojo, the large building on the left as you enter Emmanuel Pines Camp.