



ARIZONA AIKIDO FALL MOUNTAIN CAMP 2014 - PRESCOTT

THURSDAY Sept. 4 Main Hall	FRIDAY Sept. 5 Main Hall	SATURDAY Sept. 6 Main Hall	SUNDAY Sept. 7 Main Hall
 <p>onegai shimasu</p> <p>Welcome to Prescott, Arizona! Aikido Bridge Camp</p> <p>5:00 Check-In</p> <p>Dinner is on your own.</p> <p>7:30 - 9:00 pm Ikeda Sensei</p>	7:00 - 8:00 Liangong health qigong - Seymour Sensei	7:00 - 8:00 Liangong health qigong - Seymour Sensei	7:00 - 8:00 Liangong - Seymour Sensei
	8:20 - 9:20 Breakfast		
	9:45 - 10:45 Ikeda Sensei	9:45 - 10:45 Ikeda Sensei	9:45 - 11:30 Ikeda Sensei
	10:50 - 11:50 Ikeda Sensei	10:50 - 11:50 Ikeda Sensei	11:45 Mat Pick-Up
	12:20 - 1:20 Lunch		
	2:00 - 2:55 Seymour Sensei	2:00 - 2:55 Stingley Sensei	<p>Have a Safe and Happy Trip Home!</p>  <p>arigato gozaimashita</p>
	3:00 - 3:45 Hazard Sensei	3:00 - 3:45 Haines Sensei	
	3:45 - 4:30 Henkels Sensei	3:45 - 4:30 Dan Tests	
	4:30 - 5:15 Koch Sensei	4:30 - 5:15 Dan Tests	
	5:50 - 7:00 Dinner	6:30 Meet at St. Michael's Hotel Cash Bar Open 7:15 Dinner - \$50 (Included in 3 and 4 day package)	
7:30 - 8:15 Open Mat	30th Anniversary of Fall Mountain Camp Music and Dancing		
8:15 - 9:00 Open Mat			
11:00 Quiet Hour - Please be respectful of others!			