

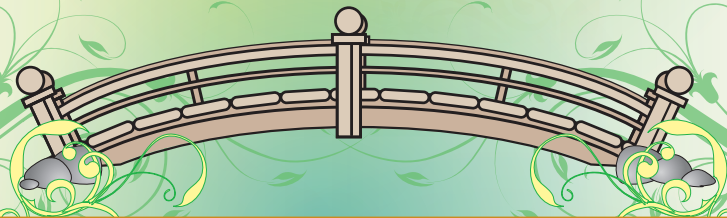


Arizona Aikido
318 N. 5TH AVE
PHOENIX, ARIZONA 85003



WWW.AZAIKIDO.COM

合氣道



Arizona Aikido
FALL BRIDGE SEMINAR

SEPTEMBER 9-12, 2010
EMANUEL PINES CAMP . PRESCOTT ARIZONA

HIROSHI IKEDA SHIHAN, 7TH DAN

Ikeda Sensei began studying aikido in 1968 while attending college at Kokugakuin University in Tokyo. He relocated to Sarasota, Florida in 1976, and taught there under Mitsugi Saotome Shihan. In 1980, he moved to Boulder, Colorado where he founded Boulder Aikikai.

MARY HEINY, 6TH DAN

Heiny Sensei started training in 1965 after watching O'Sensei teach a class at Hombu Dojo in Tokyo, Japan. In 1973 she returned to the United States and began teaching at the University of California in Santa Cruz. In 1976, she went to Seattle and opened Seattle School of Aikido. In 1987 she worked for three years developing Ottawa Aikikai in Canada. In 2001, Heiny Sensei returned to Seattle.

TSUNEJI SAKAKIBARA, 6TH DAN

Sakakibara Sensei began studying aikido in 1968 under Jon Takagi Sensei. After Takagi Sensei's death in February 1984, he became Chief Instructor of Arizona Aikido. Sakakibara Sensei also holds a 5th dan in judo.

LIA SUZUKI, 6TH DAN

Suzuki Sensei began Aikido in 1982. She trained in Kamakura, Japan with her present teacher, Takeda Yoshinobu Shihan, 8th dan. In 1996, Takeda Shihan directed her to begin dojos back in the USA. She formed AKI Pennsylvania in 1996 and AKI Santa Barbara, CA, in 1999. Lia Sensei also works with youth and adults with mental health and substance abuse issues, using aikido as a therapeutic vehicle.

ROGER FENNEMAN

Roger Fenneman began his martial arts training in 1981 studying hybrid kenpo systems, progressed to Kosho Ryu Kenpo, along with Judo and Jiu-Jitsu. He earned a 2nd degree black belt in Shaolin Kempo. Since 1992, he has trained in Xing Yi Quan (form intent boxing), Liu He Ba Fa Quan (six union, eight method boxing), Ba Gua Zhang (eight trigrams palm), Chen style Tai Ji Quan, and Qi Gong. Currently, Roger is the co-owner and practicing physician at the Evergreen Center of Oriental Medicine in Glendale, Arizona and is nationally certified in both Acupuncture and Chinese Herbal Medicine.

Full Camp 4 days	\$280
Full Camp 3 days	\$255
Independent housing	
4 days	\$230
3 days	\$205
<i>All these plans include meals and banquet.</i>	
1 day with lunch	\$110
Thursday night class	\$40
Sunday class with lunch	\$50
1 meal	\$10
1 night stay	\$30
Banquet	\$40

First keiko is Thursday night at 7pm.

Early registration is appreciated. Send checks (payable to Arizona Aikido) to:

Arizona Aikido

c/o Don Crawford

2416 S. Mulberry

Mesa, Arizona 85202-7532

For couples housing or more information contact

Don Crawford at

(480) 456-0995 or email at: azaikido@cox.net.

www.azaikido.com